

## 2024 IMPACT SUMMARY



Our mission is to deliver, advocate & educate for integrative therapies and other complementary services to reduce health disparities and costs by improving health equity and outcomes for individuals with physical disabilities.



# Celebrating 20 Years of Never Giving Up

## Message from Chanda

In 2024, we took intentional steps to deepen the impact of our mission by expanding existing services and exploring innovative ways to reach more individuals. This included launching a remote service option to connect eligible CIH Waiver members (who cannot easily access the Chanda Center for Health) with qualified integrative health service providers. We also broadened our community partnerships, seeking meaningful connections with organizations and individuals who can benefit from all we have to offer. These efforts remain rooted in our commitment to elevate healthcare for people with disabilities by creating access to spaces where everyone feels they truly belong and to services that enhance their well-being.

One of our most significant milestones this year was finalizing a comprehensive three-year strategic plan. This process allowed us to take a thoughtful inventory of what is needed to support sustainable growth – identifying the infrastructure, partnerships, and practices required to move forward with clarity and purpose.

As we step into 2025 and beyond, this roadmap will guide us in scaling our work and amplifying our impact. We invite you to stay connected and be part of what's ahead – we're just getting started.

Chanda Hinton  
Executive Director

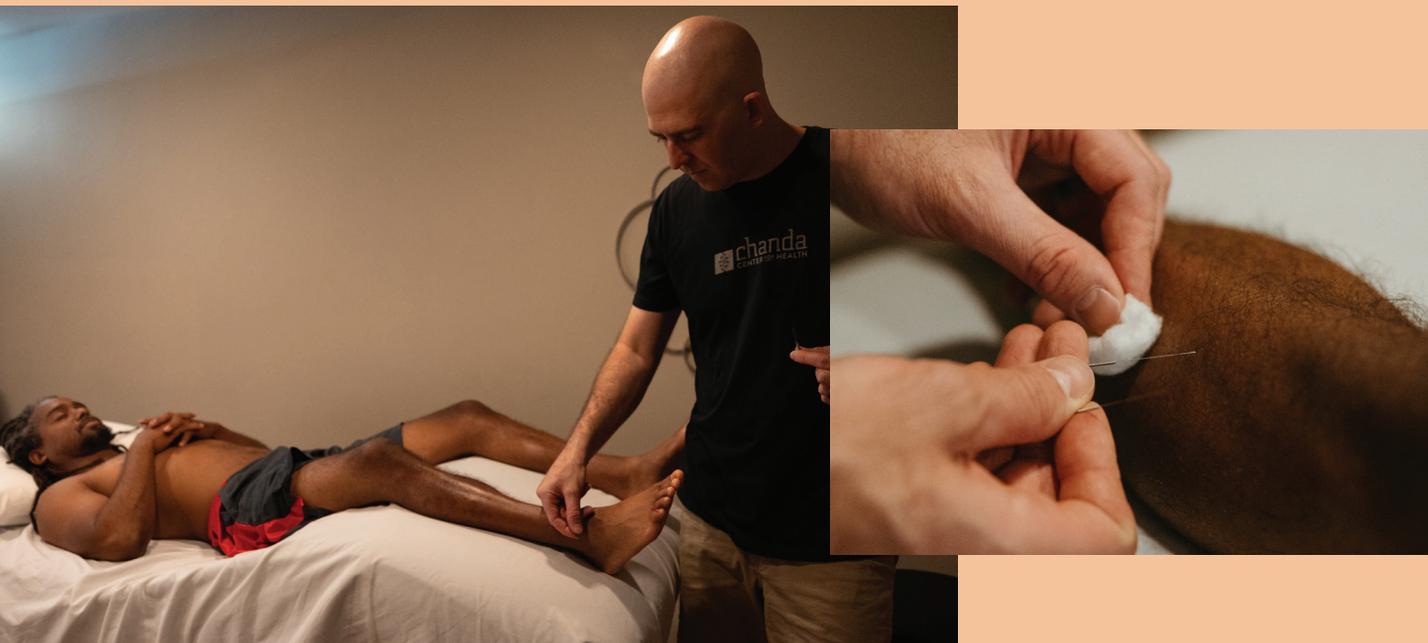
# Strategizing for Our future

In 2024, the Chanda Center for Health's board and staff came together to develop a three-year strategic plan focused on long-term sustainability, mission-aligned growth, and deeper impact. This plan outlines key priorities: ensuring business sustainability and growth; formalizing our communication, education, and advocacy efforts; and enhancing the recruitment and retention of participants, providers, and staff.

At the heart of this strategy is our unwavering mission to deliver integrative therapies to people with disabilities. Our vision is not only to continue providing high-quality care, but to extend our reach, connecting with more individuals who could benefit from our services and creating more opportunities for access to wellness through expanded service offerings.

Although the official plan runs from 2025 through 2027, foundational work began in the latter half of 2024. As we move into this next chapter, we are committed to pursuing thoughtful, mission-driven growth that maintains the integrity and quality of care we are known for. This means you'll also see our staff grow, our community partnerships broaden, and our service offerings evolve to meet the diverse needs of those we serve.

Together—with your continued support—we are building a future where wellness is more accessible, more inclusive, and more impactful than ever before.



# Our History

The Chanda Center for Health opened its doors on April 10, 2017, in Lakewood, Colorado. The center was established to meet the needs of a growing community of people with long-term physical disabilities from the beginning, which started in 2005. Everything began with our founder, Chanda Hinton, experiencing a life altering event at the age of 9, when she was accidentally shot in the back of the neck, severing her spinal cord and leaving her paralyzed from the chest down. As a young child, she was thrust into the traditional medical model—saving her life at the time of her injury through urgent medical intervention, almost taking her life in her early 20's from over utilization of medication and no movement, resulting in urgent medical intervention to save her life again.

At the age of 21, hospitalized at 59lbs, being fed via a feeding tube in the stomach and intravenously, it was during this time her sister, a yoga therapist, asked her health provider about integrative therapy options. The physician responded, "At this point, Chanda has nothing left to lose, so do it." Within days of receiving integrative therapies, such as acupuncture, massage, chiropractic care, etc. Chanda's health has shifted dramatically. As her health improved, she began to research why no one had recommended these services all the time she was paralyzed and wanted to understand the roadblocks, especially given her story was that of many individuals with long-term physical disabilities.

This eye-opening journey of navigating the world as a woman with a disability allowed her quickly to identify systemic issues that needed to be addressed, and with her newfound health, she wanted to start framing a healthcare system where individuals with disabilities do more than just survive. She wanted people to thrive and have a quality of life that was possible through integrative therapies. This became her personal mission.

Her passion led her to start a non-profit to make these services available through donor dollars and effect systemic change through advocacy and legislative efforts where needed. In 2009, the Chanda Center passed a bill, allowing Colorado Medicaid to cover acupuncture, massage, and chiropractic for individuals with Spinal Cord Injuries, which has expanded to Cerebral Palsy, Multiple Sclerosis, Spina Bifida, and Brain Injuries in 2021. Simultaneously, creating the Chanda Center for Health in Lakewood, where they provide access to acupuncture, massage, chiropractic, physical therapy, behavioral health, and care coordination, to individuals with long-term physical disabilities for ongoing improved health outcomes and quality of life through our direct services and community partners.

As we keep our history sacred, based on the wisdom we gained over the past 19 years, we will remain passionate about our future and continue reshaping to meet the needs of those we serve.



## Programs

Our programs are where our mission comes to life. As we move forward under our new strategic plan, we continue to evolve our offerings based on participant needs, capacity, and the opportunities to create the greatest impact. Services are delivered through a thoughtful combination of direct care, trusted community partners, and systems-level advocacy, each of which reinforces our commitment to accessible, integrative healthcare for people with disabilities.

We deliver care in two primary ways:

**ONSITE:** At the Chanda Center, through our staff, providers, and community partners, we offer the following services on a long-term basis via private pay options and through Medicaid's Complementary & Integrative Health (CIH) waiver to eligible participants, or on a short-term basis via our Donor Discount Bridge Program.

Acupuncture | Chiropractic | Massage | Yoga  
Care Coordination | Physical therapy (Thrive! Therapy)  
Counseling (Jefferson Center for Mental Health)  
Dental (Visiting Ancillary Services)

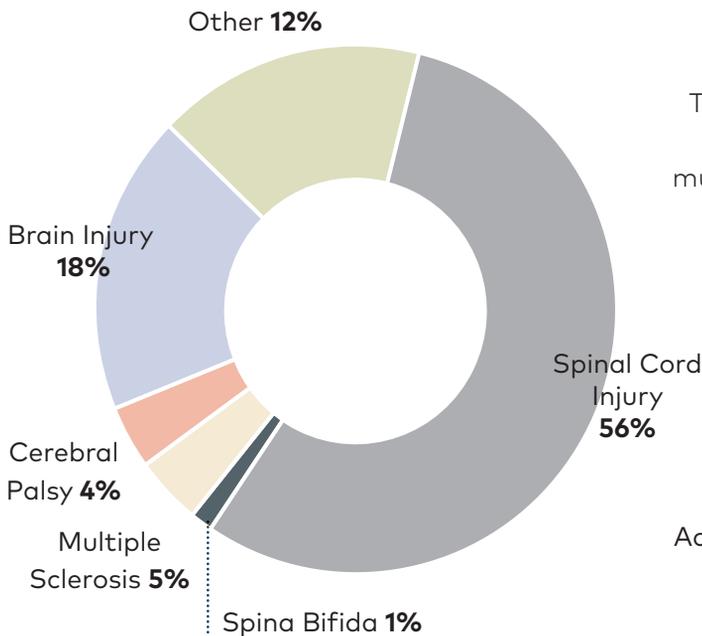
**OFFSITE:** The Chanda Center offers the following services through our two remote service community partners:

- Inpatient Services at Craig Hospital Massage
- Consumer direction of Medicaid's Complementary & Integrative Health (CIH) waiver to eligible participants across the entire state of CO via PALCO.  
Acupuncture | Massage | Chiropractic

# Participant Outcomes

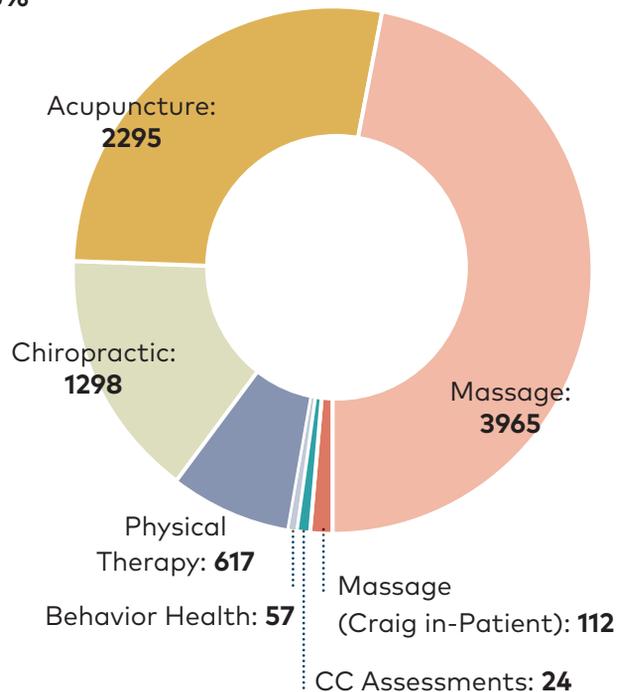
As we expand our reach and refine our services through the lens of our strategic plan, we remain grounded in the impact our work has on the individuals we serve. Each service delivered is an opportunity to improve quality of life, promote independence, and reduce healthcare barriers for people with disabilities.

As we have in previous years, we surveyed our participants in 2024, and they continue to report meaningful outcomes as a result of receiving integrative therapies. Eighty-three (83) participants responded, which is a response rate of 69.2% based on the total number of 2024 CCFH participants who received the survey. We are proud to present the outcomes from our 2024 Participant Health and Life (PHL) Survey and look forward to using these insights to further shape and strengthen our services as we grow and ensure that impact remains at the center of everything we do.



## PARTICIPANT DEMOGRAPHICS

The breakdown below reflects participants' diagnoses as reported in response to a multiple-choice question on their intake forms and insurance coverage at the time of enrollment in Chanda Center services.



## SERVICE UTILIZATION

In 2024, 304 participants collectively received 8,350 treatments. The following is a breakdown of services utilized.



## Service Satisfaction

The breakdown below shows participants' self-reported satisfaction ratings, based on their responses to a service-specific rating system used at the Chanda Center.

**100%** of participants indicated they are satisfied with their massage therapy, yoga, and care coordination services.

**98%** of participants indicated they are satisfied with their chiropractic and physical therapy services.

**97%** of participants indicated they are satisfied with their acupuncture services.

**83%** of participants indicated they are satisfied with their behavioral health services.

## Service Impact

The breakdown below reflects participants' self-assessments of how services impacted key areas of their lives, including pain levels, mobility, use and cost of traditional healthcare services, independence, social engagement, and overall quality of life. The following illustrates the results for each outcome area:



**95%** of participants reported that care from the Chanda Center for Health improved their overall quality of life.

**88%** reported improved physical mobility.

**88%** experienced a reduction in their pain levels.

**82%** reported an increased ability to be social and involved in the community.

**78%** reported decreased time and/or money spent on traditional health care services.

**77%** improved their ability to function independently.

**67%** reported a decrease in medical emergencies, necessity visits to the ER or urgent care.

# Donors Shape our Impact

## FOUNDATIONS & GRANTS

Anschutz Family Foundation  
Anschutz Foundation  
Common Spirit  
Delta Dental of Colorado  
Faus Family Foundation  
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J.K. Mullen Foundation  
Juanita Gregg Foundation  
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 Josh & Kate Wyeth  
 Katie Zinn

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Vibrance Family Health Care PC  
Willman Insurance & Financial Services

# Statement of financial position

DECEMBER 31, 2024

## ASSETS

### Current Assets

Cash and cash equivalents	\$ 2,862,176
Accounts receivable	4,527
Donations receivable	1,013,600
Prepaid expenses	6,375

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Total current assets	3,886,678
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### Noncurrent Assets

Property and equipment, net	2,061,809
Total non-current assets	2,061,809

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TOTAL ASSETS	\$ 5,948,487
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## LIABILITIES AND NET ASSETS

### Current Liabilities

Accounts payable	\$ 17,992
Credit card	5,160
Deferred revenue	
Other liabilities	5,555

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Total current liabilities	29,032
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TOTAL LIABILITIES	29,032
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### Net Assets

Net assets without donor restrictions	3,468,819
Net assets with donor restrictions	2,450,636
Total net assets	5,919,455

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TOTAL LIABILITIES AND NET ASSETS	\$ 5,948,487
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# Statement of Activities and Changes in Net Assets

DECEMBER 31, 2024

SUPPORT AND REVENUES	WITHOUT DONOR RESTRICTIONS	WITH DONOR RESTRICTIONS	TOTAL
Individual contributions	\$ 140,695	\$ 214,941	\$355,636
Grants and foundations	324,500	192,147	516,647
Integrative therapy income	620,497	–	620,497
Fundraising event income	455,754	–	455,754
Tenant rental income, net	13,479	–	13,479
Interest	124,724	–	124,724
Other income	16,122	–	16,122
In-kind revenue	205,927	–	205,927
Net assets released from restrictions	844,883	(844,883)	–
Total support and revenues	2,746,581	(437,795)	\$2,308,786
<b>EXPENSES</b>			
Program services	1,992,190	–	1,992,190
Support services:			
General and administrative	261,591	–	261,591
Fundraising	333,280	–	333,280
Total expenses	2,587,061	–	2,587,061
Change in Net Assets	159,520	(437,795)	(278,275)
Net Assets, Beginning of Year	3,309,299	2,888,431	6,197,730
Net Assets, End of Year	\$ 3,468,819	\$ 2,450,636	\$5,919,445

## Chanda Center for Health Board of Directors

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